



Weekend Schedule

Saturday, Mar 10

Captains' Meetings:

Sat 7:30 AM and 9:15 AM @ Frisbee Central

	Start Time	Soft Cap	Hard Cap
Round 1	8:00	10:25	9:40
Round 2	9:45	11:05	11:25
Round 3	11:30	12:55	1:10
Round 4	1:15	2:40	2:55
Round 5	3:00	4:25	4:40

Skills Clinic (5:00-6:00)

Meet at Frisbee Central at 4:50!

REMINDER: DAYLIGHT SAVINGS TIME!!!

Sunday, Mar 11

	Start Time	Soft Cap	Hard Cap
Round 1	9:00	10:35	10:50
Round 2	11:00	12:35	12:50
Round 3	1:00	2:35	2:50
Round 4	3:00	4:35	4:50

Welcome

Without Limits is proud to host Music City Mash-Up, a brand new tournament in the Southeast. The growth and development of women's ultimate is our passion, and this project has special meaning to us as we have direct personal connections to the other organizers of this event. The main organizers of this tournament played college ultimate against each other on the West Coast. We've ended each other's seasons at Regionals, spent College Nationals weekends lamenting together when we didn't qualify, brought joint teams to fun tournaments, and played against each other in two different regions. Our third organizer is the younger sister of one of our former club teammates and college rivals. Organizing this tournament has reminded us of the close-knit nature of the ultimate community. We are thrilled to be working with old friends on this new event, and are pumped to be bringing some of the best teams in the country to Nashville! Thank you for your love and support.

- Michelle



Emergency Contact

Michelle Ng | (415) 215-0903

Tournament Rules

USA Ultimate 11th Edition Rules

Saturday- games are to 13 (point cap at 15)

Sunday- games are to 15 (point cap at 17)

NO CAP HORNS due to field site set-up. Please verify cap times with the opposing team's captains and/or coaches.

Timeouts

One timeout per half plus one floater

Caps do not affect timeouts.

Caps

Soft cap: Add two to the higher score after the point and play to that. No more win by 2.

Hard cap: Finish the point. If it's tied, play one more. If not, game over.

Determining pool finishes in case of a 3-way tie
Results will be determined using:

1. Point differential among teams in the tie
2. Point differential against the rest of the pool
3. Total points scored
4. Coin flip

MUSIC CITY MASH-UP 2012

INSTRUCTIONS FOR REPORTING SCORES

Please report your scores via text message. At the end of the day, check to make sure that your scores are reported at Frisbee Central. You may also report your scores via the USAU SRT. If possible, please report your halftime scores as well, so that people can follow from home.

Example

Your Team: University of California-Santa Barbara Burning Skirts

Opponent: University of Washington Element

Halftime Score: 8-4

Final Score: 15-11

TEXT:

Santa Barbara 8 - Washington 4 (H)

Santa Barbara 15 - Washington 11 (F)

Please keep in mind that we are collecting scores for 24 teams, so use team names that are clear.

TEXT SCORES TO (415) 215-0903.



QR code for reporting scores via SRT

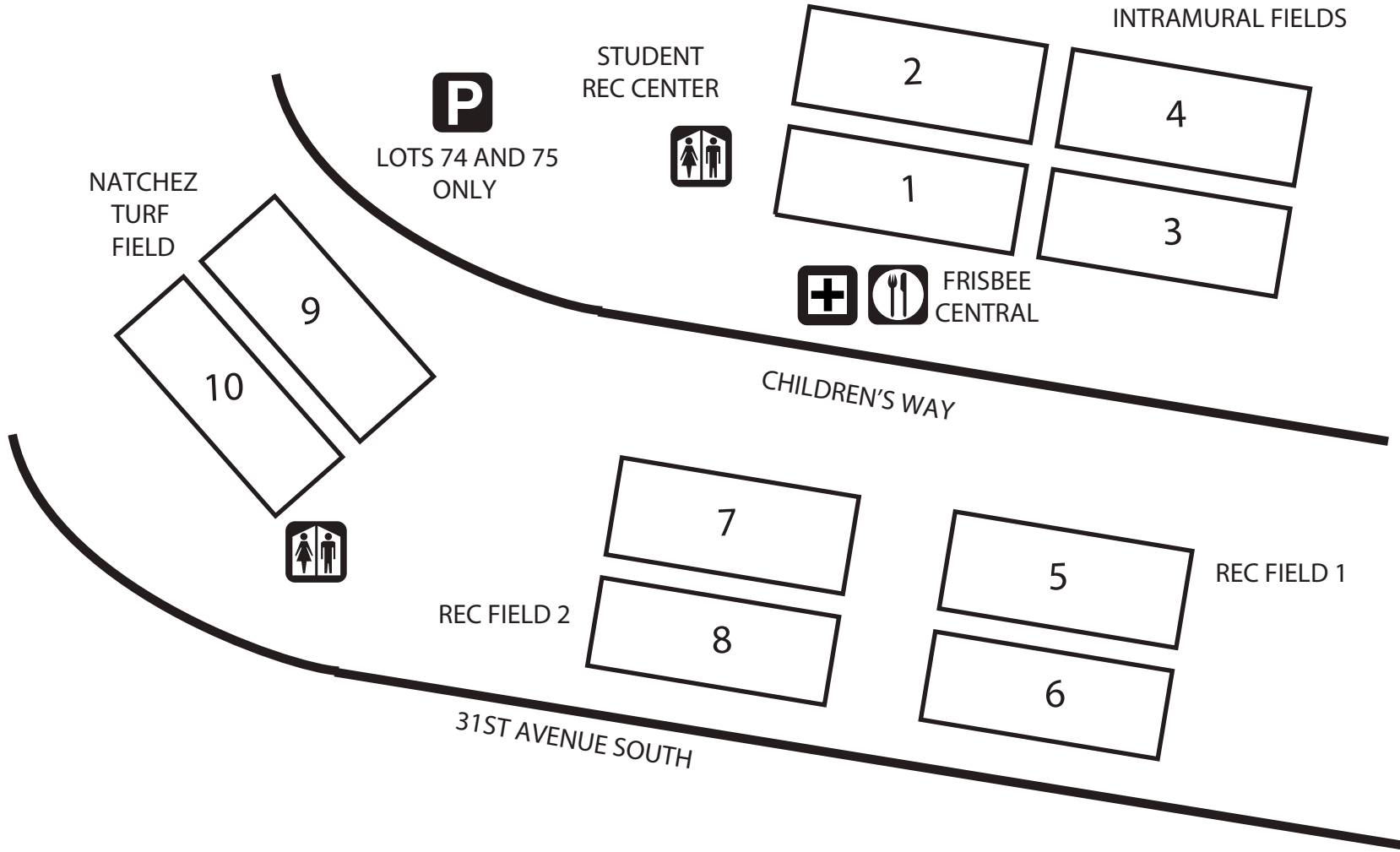


WithoutLimitsUltimate



@wlultimate

MUSIC CITY MASH-UP 2012 FIELD MAP



STUDENT REC CENTER ADDRESS
2700 CHILDREN'S WAY

MUSIC CITY MASH-UP 2012

SATURDAY POOL PLAY

Please report your scores via text message to (415) 215-0903.

TIER I

Pool A						
(0-0) A1 Michigan						
(0-0) A2 Iowa						
(0-0) A3 Ottawa						
(0-0) A4 Rice						
Sat	Fld	Game	Score	Fld	Game	Score
8:00	5	A1A3	-	6	A2A4	-
9:45	5	A1A4	-	6	A2A3	-
1:15	9	A1A2	-	10	A3A4	-

Pool B						
(0-0) B1 Iowa State						
(0-0) B2 North Carolina-Wilmington						
(0-0) B3 Wisconsin						
(0-0) B4 Texas						
Sat	Fld	Game	Score	Fld	Game	Score
8:00	3	B1B3	-	4	B2B4	-
11:30	5	B1B4	-	6	B2B3	-
1:15	5	B1B2	-	6	B3B4	-

TIER 2

Pool C						
(0-0) C1 Georgia						
(0-0) C2 Harvard						
(0-0) C3 Loyola-Chicago						
(0-0) C4 Towson						
Sat	Fld	Game	Score	Fld	Game	Score
9:45	1	C1C3	-	2	C2C4	-
11:30	1	C1C4	-	2	C2C3	-
1:15	1	C1C2	-	2	C3C4	-

Pool D						
(0-0) D1 Minnesota						
(0-0) D2 Yale						
(0-0) D3 Missouri						
(0-0) D4 Oklahoma						
Sat	Fld	Game	Score	Fld	Game	Score
8:00	9	D1D3	-	10	D2D4	-
9:45	9	D1D4	-	10	D2D3	-
1:15	3	D1D2	-	4	D3D4	-

After Pool Play, re-seed. Bottom 4 teams in each Tier 1 pool and ALL Tier 2 teams will play crossover games.



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SATURDAY POOL PLAY

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TIER 3

Pool E						
(0-0) E1 Vanderbilt						
(0-0) E2 Texas Christian						
(0-0) E3 Georgia College & State						
(0-0) E4 Atlanta International School						
Sat	Fld	Game	Score	Fld	Game	Score
8:00	1	E1E3	-	2	E2E4	-
9:45	3	E1E4	-	4	E2E3	-
11:30	3	E1E2	-	4	E3E4	-

Pool F						
(0-0) F1 Oberlin						
(0-0) F2 Georgia Tech						
(0-0) F3 Paideia HS						
(0-0) F4 University School of Nashville						
Sat	Fld	Game	Score	Fld	Game	Score
9:45	7	F1F3	-	8	F2F4	-
11:30	7	F1F4	-	8	F2F3	-
1:15	7	F1F2	-	8	F3F4	-

Re-seed after Pool Play. Top 2 teams in each Tier 3 pool will have crossover games.



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SATURDAY CROSSOVER GAMES

Please report your scores via text message to (415) 215-0903.

TIER 1 / TIER 2

Tier 1 / Tier 2 Crossover Game	
Sat 3:00	
a	3A
	2C
	8

Tier 1 / Tier 2 Crossover Game	
Sat 3:00	
b	3B
	2D
	6

Tier 1 / Tier 2 Crossover Game	
Sat 3:00	
c	4B
	1D
	3

Tier 1 / Tier 2 Crossover Game	
Sat 3:00	
d	4A
	1C
	1

TIER 2 / TIER 3

Tier 2 / Tier 3 Crossover Game	
Sat 3:00	
e	3C
	2E
	2

Tier 2 / Tier 3 Crossover Game	
Sat 3:00	
f	3D
	2F
	4

Tier 2 / Tier 3 Crossover Game	
Sat 3:00	
g	4D
	1F
	7

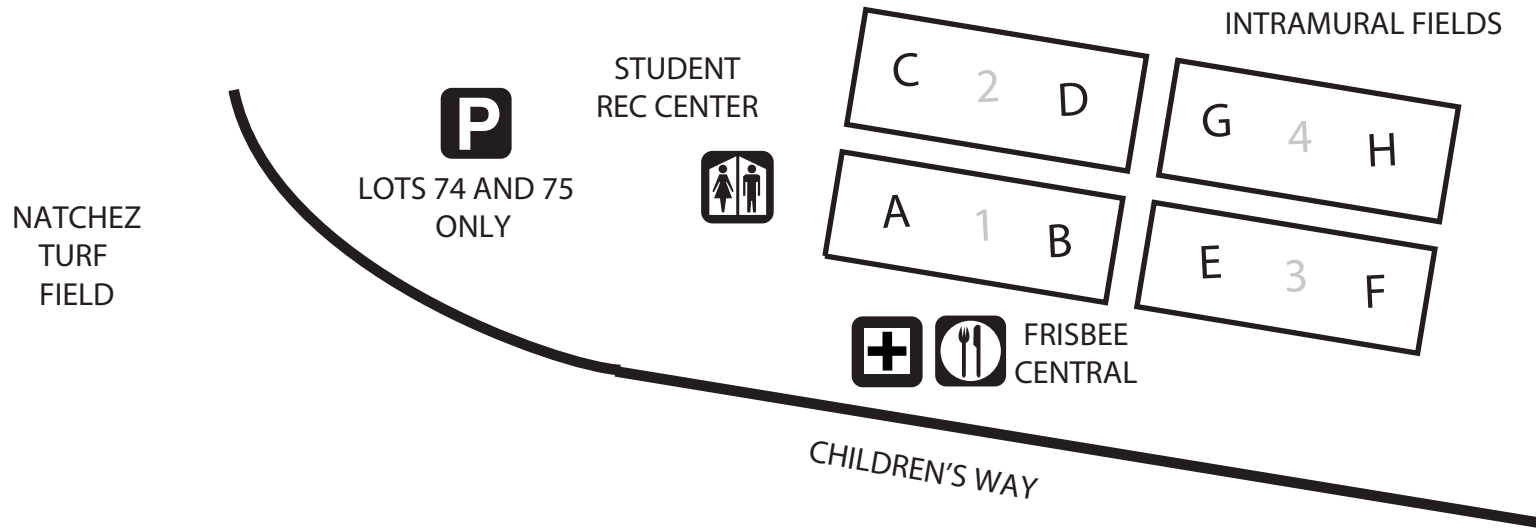
Tier 2 / Tier 3 Crossover Game	
Sat 3:00	
h	4C
	1E
	5



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MUSIC CITY MASH-UP 2012

SKILLS CLINIC



SAT 5:00-6:05 (MEET AT FRISBEE CENTRAL AT 4:50)
PRE-REGISTRATION REQUIRED!

A. 24/7 – How to Get Open
Meagan Brown, Adrienne Lemberger

B. One-on-one: Gaining the Edge on Defense
Emily Lloyd, Marisa Mead

C. Hucking
Rebecca Enders, Vicky Chang

D. Breaking The Mark
Jess Coffrin, Rachael Westgate

E. Drills for Defensive Skills
Kristin Essary, Kelsey DeLave

F. Fitness: Thinking Outside The Box
AnnaMaria Paruk, Bailey Torvinen

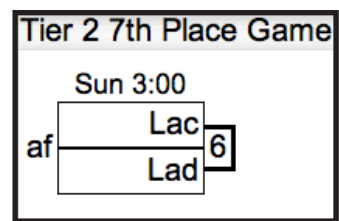
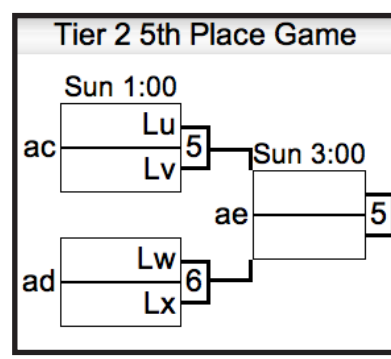
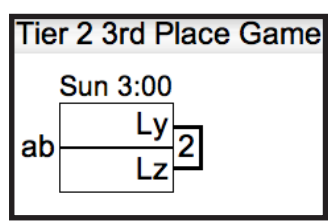
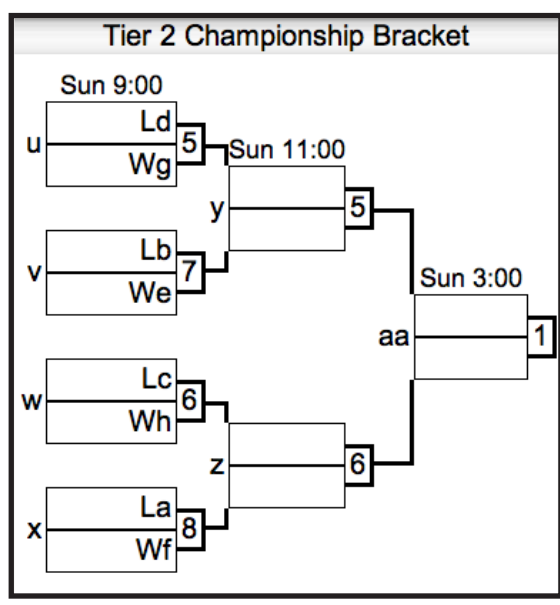
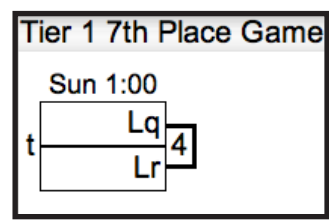
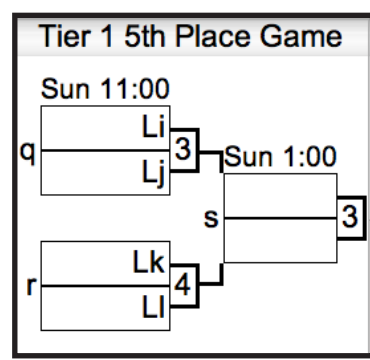
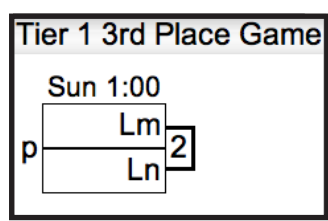
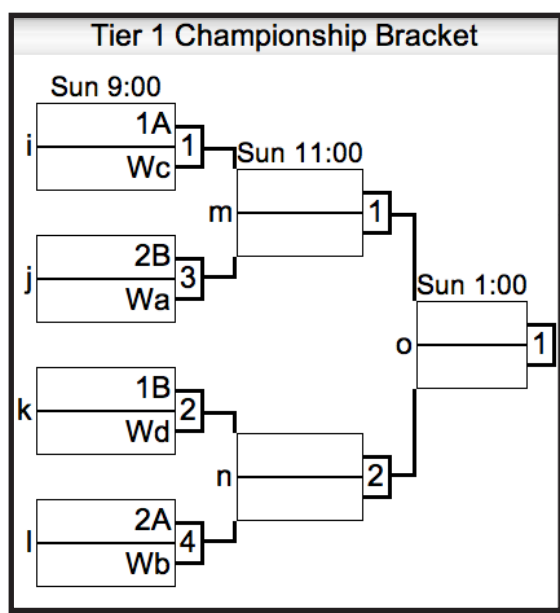
G. Cutting For Deeps
Janel Venzant, Theresa Zettner

H. Handler Defense
Paula Seville, Claire Chastain

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SUNDAY BRACKET PLAY

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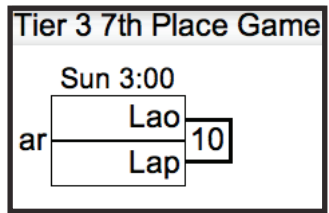
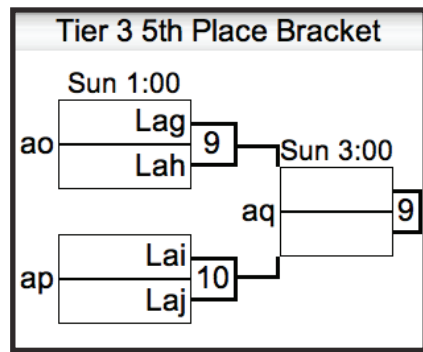
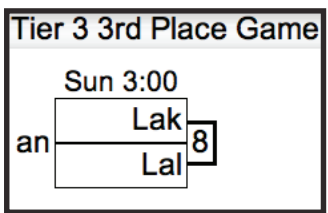
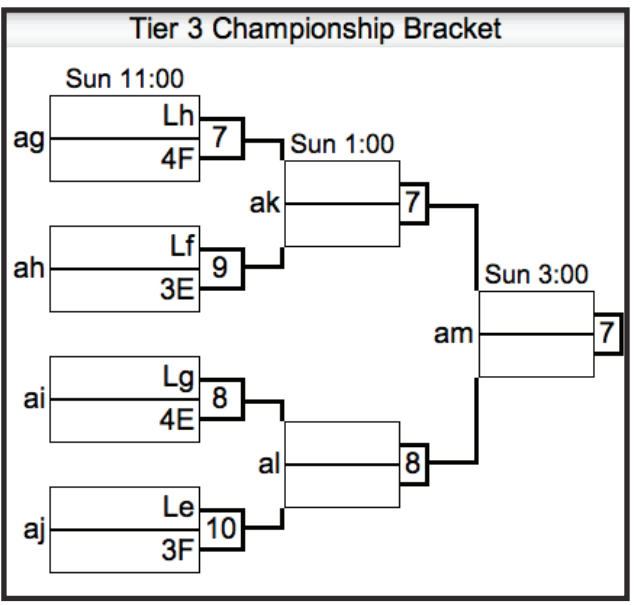


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SUNDAY BRACKET PLAY

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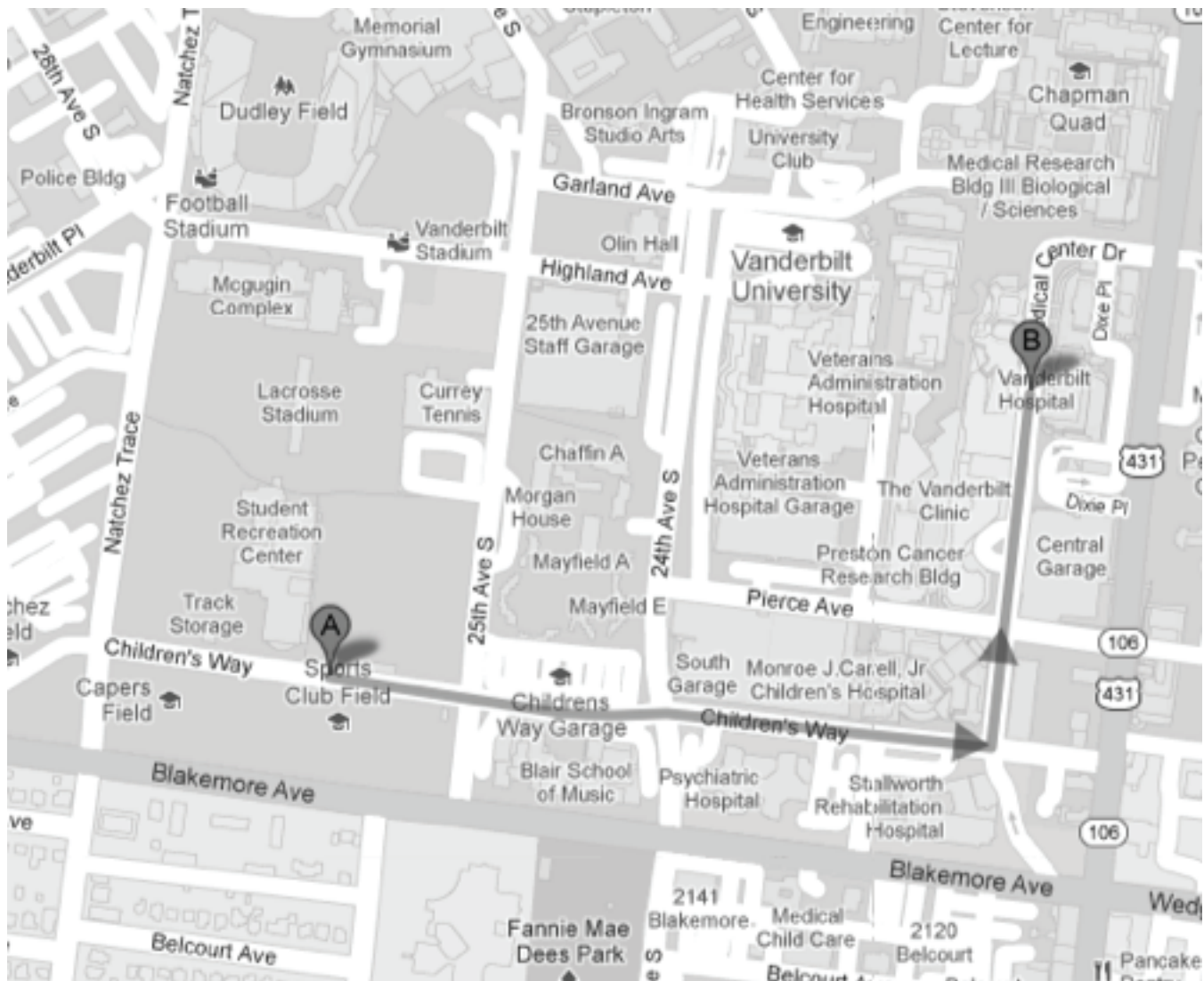


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MUSIC CITY MASH-UP 2012

MAP TO HOSPITAL

HOSPITAL
Vanderbilt Hospital
1211 Medical Center Drive
Nashville, TN 37232
(615) 322-5000



- DIRECTIONS FROM FIELDS:
1. Head east on Children's Way toward 25th Ave S. (0.4 mi)
 2. Take the 3rd left onto 22nd Ave S / Garland Ave. (361 ft)
 3. Continue onto Medical Center Dr. Destination will be on the left. (0.1 mi)

Emergency Contact
Michelle Ng | (415) 215-0903

MUSIC CITY MASH-UP 2012

SPONSORS

We would like to thank all of our sponsors for supporting Music City Mash-Up. This event would not be possible without our generous partners.

OFFICIAL SPONSOR



WITHOUT LIMITS



Women's Ultimate. Community. Competition. Empowerment. Without Limits.

Website: <http://www.withoutlimitsultimate.com>

Email: contactus@withoutlimitsultimate.com

Facebook: <http://www.facebook.com/WithoutLimitsUltimate>

Twitter: <http://www.twitter.com/wlultimate>

Spring 2012 Tournaments and Clinics

January 21-22: Midwest Captaining 101 Clinic (Grinnell, IA)

January 28: Houston Anti Freeze Skills Clinic (Houston, TX)

February 4-5: QCTU Qualifier + HS / College Skills Clinic (Chapel Hill, NC)

February 11: Cupid's Booty Hunt Skills Clinic (Tampa, FL)

February 11-12: Queen City Tune-Up (Charlotte, NC)

March 3-4: Midwest Throwdown + College Skills Clinic (St. Louis, MO)

March 10-11: Music City Mash-Up + HS / College Skills Clinic (Nashville, TN)

March 17-18: Virginia is for Layouts + Roundup Division + College Skills Clinic (Axton, VA)

March 24-25: Women's College Centex + Mixer + Women's Leadership Forum + Guest Coaching Program (Austin, TX)

April 2-3: Keystone Classic + HS / College Skills Clinic (Manheim, PA)

We will also be at Mardi Gras and Amherst Invite with VC Ultimate, and we are working with TUC to hopefully bring a clinic to Toronto in April! We are also in the early planning stages for 2-3 events this summer / fall. Stay tuned for more info!

RELEASE OF LIABILITY

Use of Student Recreation Center Facilities

The Vanderbilt University ("Vanderbilt") offers the use of its recreational facilities at the Student Recreation Center to and for the benefit of its students, faculty and staff, alumni, affiliates, and families. This includes opportunities to participate on a voluntary basis in organized activities and classes.

I, the undersigned, desire to voluntarily use the Student Recreation Center facilities (the Facilities). I represent that I am knowledgeable of the types of activities at the facility and inherent risks of personal injury or property damage to myself and to others which are associated with the use of the Facilities. Notwithstanding the inherent risks, I wish to assume them by voluntarily using the facilities and in any activities associated with that use.

I understand and agree that Vanderbilt accepts no responsibility for my acts or the acts of others while I am using the Facilities.

In consideration of Vanderbilt University offering this opportunity and allowing me to use the Facilities, the receipt and sufficiency of said consideration being hereby acknowledged, I hereby release, relieve, discharge, and hold harmless Vanderbilt, its officers, trustees, employees and representatives from any and all liability or claim of liability whether for personal injury, damages to property, or otherwise arising out of or in connection with my participation in this activity or any travel associated with this activity.

By signing below, I acknowledge that I have read and understand the Release of Liability.

IF THE PARTICIPANT IS NOT 18 YEARS OF AGE OR OLDER, THIS RELEASE MUST BE SIGNED BY A PARENT OR LEGAL GUARDIAN.

Date: _____

Name (please Print) _____
Signature Participant

TO BE SIGNED IF PARTICIPANT IS A MINOR

Parent or Legal Guardian Name

Age of Child

Signature