

Welcome

Without Limits is proud to present the very first Commonwealth Cup! In response to the demand for another February tournament, we are excited to host this new event at the beautiful Smith River Sports Complex. Our hope is to bring another accessible playing opportunity to teams on the East Coast and to raise money to offset the costs of some of our developmental opportunities such as Virginia is for Layouts. We are grateful for your support in helping us get this event off the ground, and we look forward to hosting you in Martinsville this weekend! Play hard, play fair, and have fun!

- Michelle, Without Limits

Women's Ultimate. Community. Competition. Empowerment. Without Limits.



Weekend Schedule Saturday, Feb 16

No Captains' Meeting!

Check in at Frisbee Central upon arrival.

POOL A				POOLS B-D			
	Start Time	Soft Cap	Hard Cap		Start Time	Soft Cap	Hard Cap
Round 1	9:00	10:10	10:25	Round 1	8:30	10:10	10:25
Round 2	10:30	11:40	11:55	Round 2	10:30	12:10	12:25
Round 3	12:00	1:10	1:25	Round 3	12:30	2:10	2:25
Round 4	1:30	2:40	2:55	Round 4	2:30	4:10	4:25
Round 5	3:00	4:10	4:25	Round 5	4:30	6:10	6:25

Office Hours @ Comfort Inn Martinsville (Lobby)

Sunday, Feb 17

	Start Time	Soft Cap	Hard Cap
Round 1	8:00	9:25	9:40
Round 2	9:45	11:10	11:25
Round 3	11:30	12:55	1:10
Round 4	1:15	2:40	2:55
Round 5	3:00	4:25	4:40

Tournament Rules

USA Ultimate 11th Edition Rules

Pool A games are to 13 (point cap at 15)

Pools B-D games are to 17 (point cap at 19)

Bracket play games are to 15 (point cap at 17)

Horns (for Pools B-D, and Bracket Play)

Start of round: 1 whistle

Soft cap: 2 whistles

Hard cap: 3 whistles

Timeouts

One timeout per half plus one floater. Caps do not affect timeouts.

Caps

Soft cap: Add two to the higher score after the point and play to that. No more win by 2.

Hard cap: Finish the point. If it's tied, play one more. If not, game over.

Determining pool finishes in case of a 3-way tie

Results will be determined using:

1. Point differential among teams in the tie
2. Point differential against the rest of the pool
3. Total points scored
4. Coin flip

Emergency Contact

Michelle Ng | (415) 215-0903

COMMONWEALTH CUP 2013

INSTRUCTIONS FOR REPORTING SCORES

Please report your scores via text message to (415) 215-0903. At the end of the day, check to make sure that your scores are reported at Frisbee Central. You may also report your scores via the USA Ultimate SRT. If possible, please report your halftime scores so that people can follow from home.

Example

Your Team: University of California-Santa Barbara Burning Skirts

Opponent: University of Washington Element

Halftime Score: 8-4

Final Score: 15-11

TEXT:

Santa Barbara 8 - Washington 4 (H)

Santa Barbara 15 - Washington 11 (F)

Please keep in mind that we are collecting scores for 17 teams, so use team names that are clear.

TEXT SCORES TO (415) 215-0903.



QR code for reporting scores via SRT



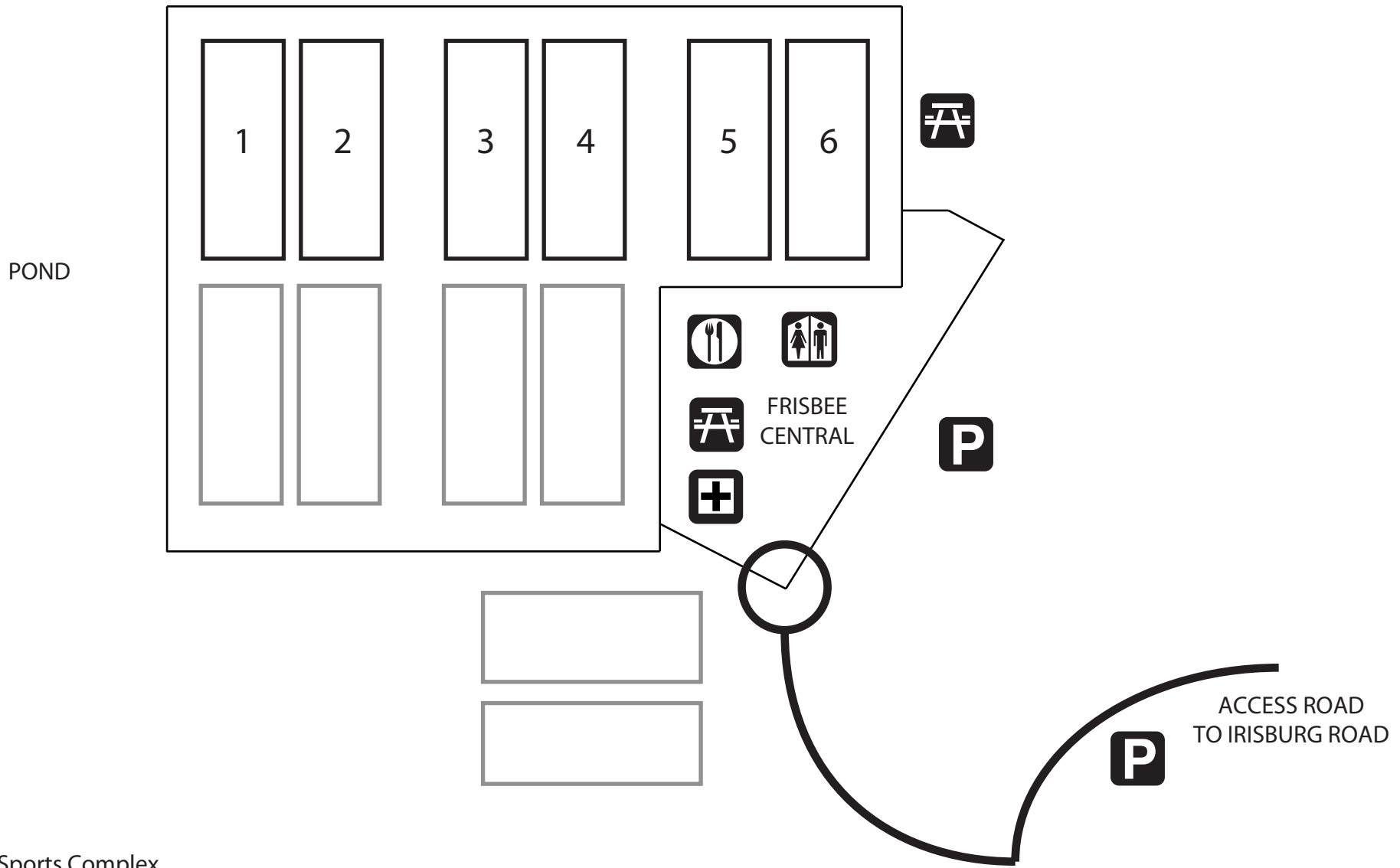
WithoutLimitsUltimate



@wultimate

COMMONWEALTH CUP 2013 FIELD MAP

58-BYPASS



Smith River Sports Complex
1000 Irisburg Rd.
Axton, VA 24054
(276) 638-5200
<http://www.southernvirginiasports.com>

COMMONWEALTH CUP 2013

SATURDAY POOL PLAY

Please report your scores via text message to (415) 215-0903.

Pool A						
(0-0) A1 <u>MIT</u>						
(0-0) A2 <u>Virginia Commonwealth</u>						
(0-0) A3 <u>Richmond</u>						
(0-0) A4 <u>Maryland-B</u>						
(0-0) A5 <u>Saga</u>						
Sat	Fld	Game	Score	Fld	Game	Score
9:00	1	A1A5	-	2	A2A4	-
10:30	1	A1A3	-	2	A4A5	-
12:00	1	A2A5	-	2	A3A4	-
1:30	1	A1A4	-	2	A2A3	-
3:00	1	A1A2	-	2	A3A5	-

Pool B						
(0-0) B1 <u>Harvard</u>						
(0-0) B2 <u>Mary Washington</u>						
(0-0) B3 <u>Wake Forest</u>						
(0-0) B4 <u>Virginia-B</u>						
Sat	Fld	Game	Score	Fld	Game	Score
8:30	3	B1B3	-	4	B2B4	-
12:30	5	B1B4	-	6	B2B3	-
2:30	5	B1B2	-	6	B3B4	-

Pool C						
(0-0) C1 <u>William & Mary</u>						
(0-0) C2 <u>Georgetown</u>						
(0-0) C3 <u>Lehigh</u>						
(0-0) C4 <u>North Carolina-B</u>						
Sat	Fld	Game	Score	Fld	Game	Score
8:30	5	C1C3	-	6	C2C4	-
10:30	5	C1C4	-	6	C2C3	-
2:30	3	C1C2	-	4	C3C4	-

Pool D						
(0-0) D1 <u>George Washington</u>						
(0-0) D2 <u>Rochester</u>						
(0-0) D3 <u>Davidson</u>						
(0-0) D4 <u>Liberty</u>						
Sat	Fld	Game	Score	Fld	Game	Score
10:30	3	D1D3	-	4	D2D4	-
12:30	3	D1D4	-	4	D2D3	-
4:30	3	D1D2	-	4	D3D4	-

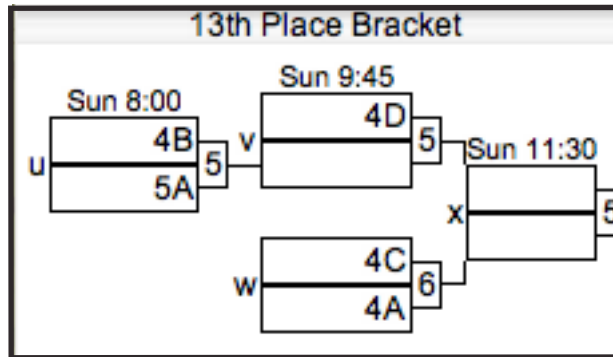
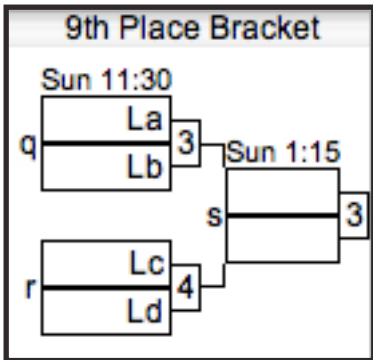
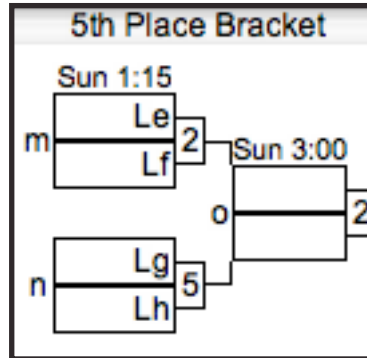
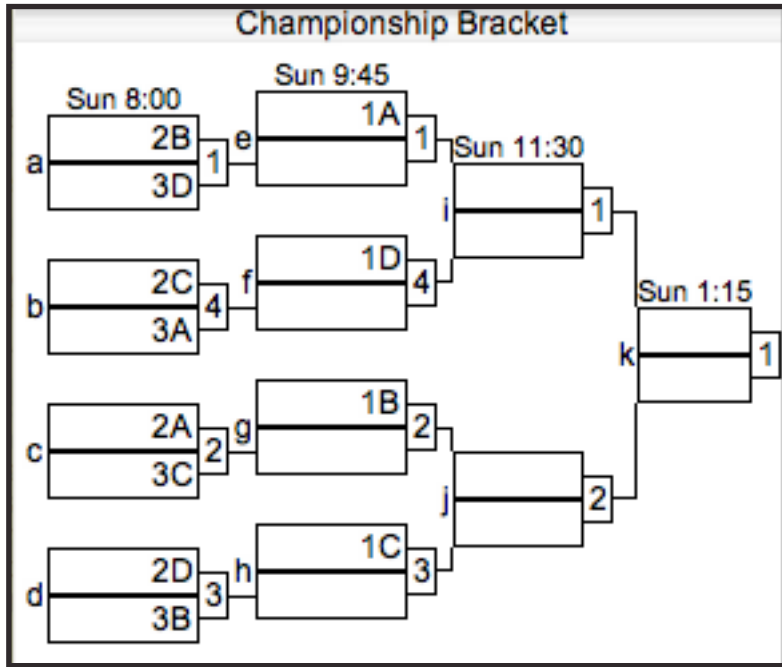
POOL A GAMES TO 13 (POINT CAP AT 15)
 POOL B-D GAMES TO 17 (POINT CAP AT 19)



QR code for reporting scores via SRT

COMMONWEALTH CUP 2013 SUNDAY BRACKET PLAY

Please report your scores via text message to (415) 215-0903.



Pool E

(0-0) E1 Lu
(0-0) E2 Lv
(0-0) E3 Lw

Sat	Fld	Game	Score
11:30	6	E1E3	-
1:15	6	E1E2	-
3:00	6	E2E3	-

GAMES TO 15 (POINT CAP AT 17)



QR code for reporting scores via SRT

COMMONWEALTH CUP 2013

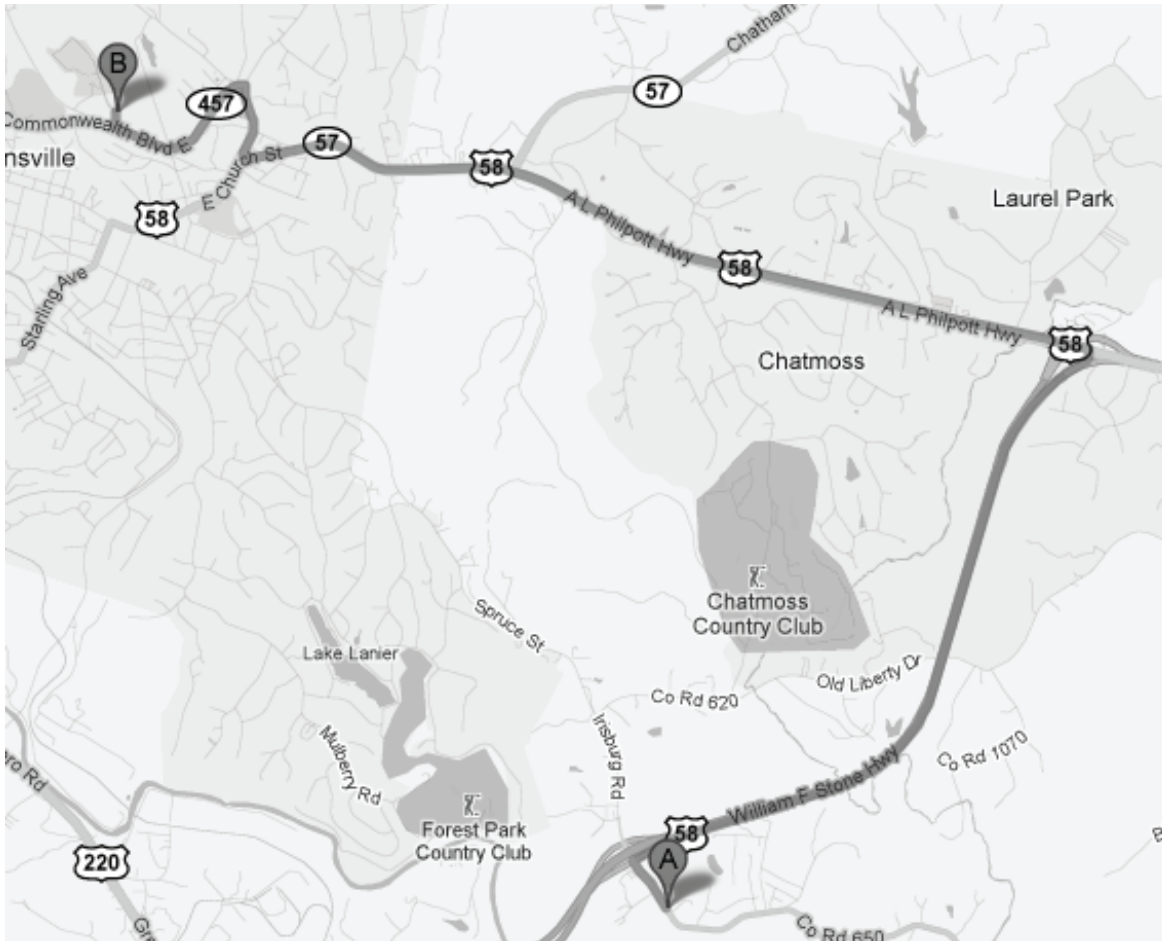
MAP TO HOSPITAL

HOSPITAL

Martinsville Memorial Hospital
320 Hospital Drive
Martinsville, VA 24112
(276) 634-1950

We will have a limited amount of pre-wrap, tape, and ice for injuries available at Frisbee Central. The field staff is also CPR and first aid certified.

In case of emergency, please call 911.



DIRECTIONS FROM FIELDS:

1. Head northwest on Co Rd 650 / Irisburg Rd toward Urban Dr (0.3 mi)
2. Turn left onto the US-58 E ramp to Danville (0.3 mi)
3. Merge onto US-58 Bypass E (2.9 mi)
4. Take the US-58 BUS W exit on the left toward Martinsville (0.2 mi)
5. Turn left onto US-58 W / US-58 BUS W/A L Philpott Hwy. Continue to follow US-58 W / US-58 BUS W (4.1 mi)
6. Turn right onto Chatham Heights Rd (0.4 mi)
7. Turn left onto Commonwealth Blvd E (0.8 mi)
8. Turn right onto Hospital Dr. Destination will be on the right. (367 ft)

Emergency Contact

Michelle Ng | (415) 215-0903

COMMONWEALTH CUP 2013

SPONSORS

We would like to thank all of our sponsors for supporting Commonwealth Cup. This event would not be possible without their generous donations. Thank you for everything you do for women's ultimate and for your local communities!

OFFICIAL SPONSOR



BY CHOICE HOTELS



WITHOUT LIMITS



Women's Ultimate. Community. Competition. Empowerment. Without Limits.

Website: <http://www.withoutlimitsultimate.com>

Email: contactus@withoutlimitsultimate.com

Facebook: <http://www.facebook.com/WithoutLimitsUltimate>

Twitter: <http://www.twitter.com/wlultimate>

2013 Tournaments and Clinics

Feb 2-3: Queen City Tune-Up Open + College Skills Clinic (Chapel Hill, NC)

Feb 9-10: Queen City Tune-Up (Charlotte, NC)

Feb 16-17: Commonwealth Cup (Martinsville, VA)

Feb 23-24: Southeast Captaining 101 Clinic (Tallahassee, FL)

Mar 2-3: Midwest Throwdown + College Skills Clinic (St. Louis, MO)

Mar 9-10: Music City Mash-Up + HS / College Skills Clinic (Nashville, TN)

Mar 16-17: Virginia is for Layouts + Roundup Division + College Skills Clinic (Martinsville, VA)

Mar 23-24: Women's College Centex + Mixer + Women's Leadership Forum (Austin, TX)

Mar 30-31: Keystone Classic + HS / College Skills Clinic (TBA)

Summer TBD: Heavyweights (Rockford, IL)

Fall TBD: Virginia Fusion (Martinsville, VA)