

COMMONWEALTH CUP WEEKEND 1

February 15-16, 2025

Without Limits

(984) 244-0274

Text to report scores



@wlultimate



@wlultimate



@WithoutLimitsUltimate

WEEKEND INFORMATION

No captains' meeting. Check in at Tournament Central to receive your Discraft Game Disc.

SCORE REPORTING

Text scores to (984) 244-0274 after each round.

At the end of the day, check to make sure that your scores are reported on the USA Ultimate website.

Score Reporting Example

Your Team: UCSB Burning Skirts

Your Opponent: Washington Element

Final Score: 15-11 **Division:** Women's

Example Text: W: UCSB 15-Washington 11

FOLLOW THE ACTION!

Scores will updated round-by-round:

https://play.usaultimate.org/events/2025-Commonwealth-Cup-Weekend-1/



TOURNAMENT RULES

USA Ultimate Official Rules of Ultimate 2024-2025

HORNS

We will not be blowing cap horns. Please make sure to communicate with the other team's captains to avoid confusion.

TIMEOUTS

2 timeouts per team per half (70 seconds each)

CAPS AT SMITH RIVER (AXTON)

Women's Pool B, Men's Pool B, Men's Consolation (1 hr 15 min rounds)

Games to 11

Soft Cap: 55 minutes Hard Cap: 65 minutes

Halftime Cap: 35 minutes (5 minute halftime)

Men's Pool C (1 hour 30 rounds)

Games to 13

Soft Cap: 70 minutes Hard Cap: 80 minutes

Halftime Cap: 40 minutes (7 minute halftime)

Men's Semis, Finals, and 3rd Place (2 hour rounds)

Games to 15

Soft Cap: 100 minutes Hard Cap: 110 minutes

Halftime Cap: 45 minutes (7 minute halftime)

COMPETITION SCHEDULE



CAPTAINS' PACKET



CAPS AT LIBERTY (LYNCHBURG)

All Games (1 hr 15 min rounds)

Games to 11

Soft Cap: 55 minutes

Hard Cap: 65 minutes

Halftime Cap: 35 minutes (5 minute halftime)



Smith River Sports Complex Field Map - Axton, VA

58-BYPASS

Smith River Sports Complex 1000 Irisburg Rd. Axton, VA 24054 (276) 638-5200 smithriversportscomplex.com

On-Site Contact

Without Limits (984) 244-0274

Text Scores

Without Limits (984) 244-0274

Tournament Central 1 Concession 2 Stand 11 12 10 9 4 5 8 6 Fields 7-10 are turf fields.

SPORTSPLEX WAY (ACCESS TO IRISBURG ROAD)

Fields 1-6, 11-12 are grass fields.



Liberty Lacrosse Field Map - Lynchburg, VA

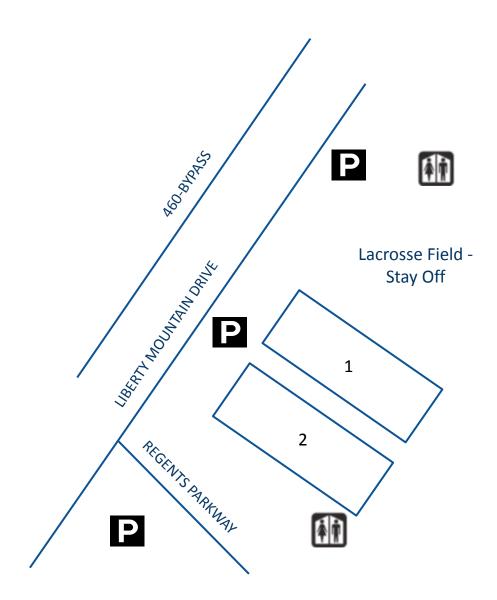
Liberty University Lacrosse & Field Hockey Fields, 2200 Liberty Mountain Dr. Lynchburg, VA 24502

On-Site Contact

Kevin Habermas (434) 841-8649

Text Scores

Without Limits (984) 244-0274



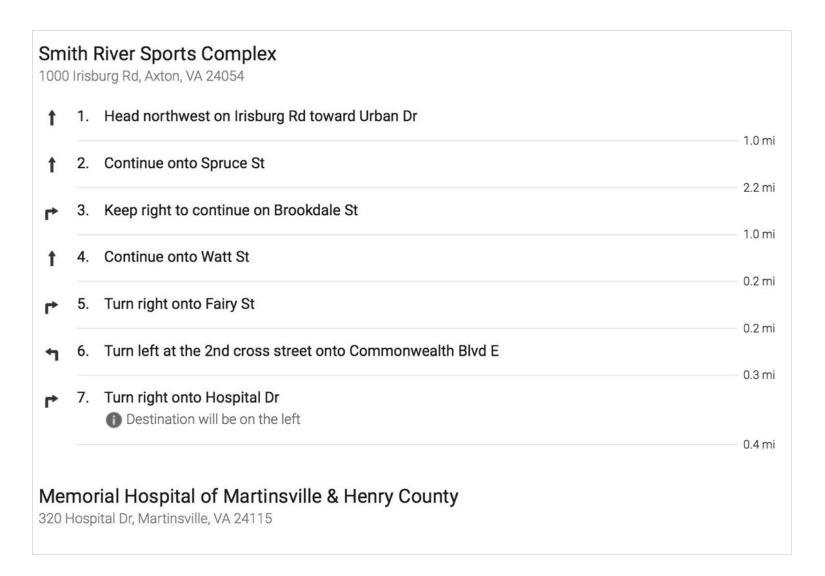


Hospital Information - Martinsville, VA

Sovah Health - Martinsville 320 Hospital Drive Martinsville, VA 24112 (276) 634-1950

In case of a medical emergency, call 911.

Trainers are available at Tournament Central to assess injuries.





Hospital Information - Lynchburg, VA

1901 Tate Springs Rd, Lynchburg, VA 24501 (434) 200-3000 In case of a medical emergency, call 911.

There will be no trainers on-site.

Liberty University Lacrosse & Field Hockey Fields

2200 Liberty Mountain Dr, Lynchburg, VA 24502

Take Liberty Mountain Dr to US-29 N/US-460) E
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2 min (0.5 mi)

Continue on US-29 N/US-460 E. Take US-29 BUS N to James St. Take exit 5 from US-29 BUS N

5 min (3.8 mi)

Take Carroll Ave, Campbell Ave, Langhorne Rd and Thomson Dr to your destination

8 min (2.4 mi)

Centra Lynchburg General Hospital

1901 Tate Springs Rd, Lynchburg, VA 24501

